

please note

Rella will be attending the following meetings this week:

Tues., March 20 – NW Faith Formation Leaders Meeting
Wed., March 21 – Faith Formation Advisory Board Meeting

The Faith Formation Office will open at 1:00pm on these days.

lenten bible study

Disciples on the Journey will be presented as our Lenten Bible Study. Meetings will be held on **Thursday morning, March 22nd**. If you have missed any session, please feel free to come join us. All are welcome to attend at any time.

youth group food fast

The Youth Group will be holding their Annual Food Fast on Friday, March 23 at 6:00pm through Saturday, March 24 at 6:00pm. The focus for this year's Fast is hunger throughout the world.

attention: confirmation preparation & youth group

Confirmation Preparation and Youth Group will not occur next Sunday, March 25th because they will have participated in the Food Fast. Confirmation Preparation and Youth Group will meet again on Sunday, April 1 at the regularly scheduled time.

easter candy sale

Once again the Youth Group will be selling Easter candy from Munson's after all Masses next weekend. Your support of this fund-raiser helps to defray the cost of the retreat and other activities that the Youth Group participates in.

are you interested in joining the catholic church?

Do You Know Someone Who Is Interested in Joining the Catholic Church?

An **informational session** has been scheduled for **Tuesday, March 27 at 7:30pm in the Parish House Living Room**. This meeting is open to all interested persons: non-Catholics who want to know more about becoming Catholic, non-Catholics who are just curious about Catholic beliefs, and Catholics who wish to complete their initiation with the sacraments of Confirmation and Eucharist.

For more information or to register, please call Fr. Stan or Rella (875-4563).

adult confirmation preparation

Are you an adult who has been baptized and have celebrated your First Communion but never was confirmed? Have you thought about being confirmed but never got around to doing something about it?

Sacred Heart Parish will be starting sessions for Adult Confirmation Preparation on **Wednesday, March 28, 2007 at 7:30pm in the Parish House Living Room** for any adult who can answer "yes" to these questions. For more information or to register, please call Fr. Stan or Rella (875-4563).

are you discerning a vocation in the church?

A gathering will be held in Bishop Hines Conference Room at the Chancery (201 Broadway, Norwich) on Friday, March 30, 2007 at 6:00pm. The gathering will begin with an informal dinner, prayer, and discussions on topics related to the Church, world, spirituality, and discernment. Please contact Annette in the Vocation Office for more information and/or reservations at 860-887-9294 (ext. 246) or E-mail voc.sec@norwichdiocese.net.

dinner, prayer & discussion with bishop michael r. cote

If you are discerning a possible vocation to the priesthood or consecrated life as a sister or brother, you are invited to a special evening of prayer and an informal dinner with the Bishop of Norwich on Tuesday, March 27, 2007 at the Bishop's Residence – 274 Broadway, Norwich. There will be an opportunity to speak with Bishop Cote who will assist you in the discernment process. This is an occasion to help answer your questions and bring you a step closer to knowing whether you are being called to the priesthood or consecrated life. Please contact Annette in the Vocation Office for more information and/or reservations at 860-887-9294 (ext. 246) or E-mail voc.sec@norwichdiocese.net.

readings for the week

Sunday:	1 Sm 16:1b, 6-7, 10-13a/Ps 23/Eph 5:8-14/Jn 9:1-41
Monday:	2 Sm 7:4-5a, 12-14a, 16/Rom 4:13, 16-18, 22/Mt 1:16, 18-21, 24a or Lk 2:41-51a
Tuesday:	Ez 47:1-9, 12/Jn 5:1-16
Wednesday:	Is 49:8-15/Jn 5:17-30
Thursday:	Ex 32:7-14/Jn 5:31-47
Friday:	Wis 2:1a, 12-22/Jn 7:1-2, 10, 25-30
Saturday:	Jer 11:18-20/Jn 7:40-53
Next Sunday:	Ez 37:12-14/Rm 8:8-11/Jn 11:1-45

* Note: Some groups meeting at Sacred Heart including but not limited to *Brownies, Alcoholics Anonymous, Alcoholics Anonymous Big Book and Narcotics Anonymous* are not part of and not acting on behalf of the parish or Diocese

an invitation for vernon manor volunteers

Dear Volunteers from Sacred Heart,

It's that time of year when our thoughts turn to honoring those people who truly make a difference in the lives of our residents. You don't get paid or receive accolades for the gift of time and love that you lavish so freely. Many times, you work so quietly and in such an unassuming manner that the difference you make is not seen.

But, we see it and we know full well the difference you make in the lives of each and every resident that you touch. So many times, our residents receive wonderful medical care but the staff has so much to do and so many residents to care for that the "personal" touch can be challenging. That's where you come in! The time that you donate and the love you so generously share deserves a lot more than a thank-you.

So, we are planning a party to celebrate the gifts you give to us all through the year. On April 17th at 2:30pm, we will honor you with a Volunteer Appreciation afternoon. Our entertainer will be Steve Wise and we will be serving refreshments as well.

Please let us know if you will be able to join us for the afternoon. If you are unable to come, please know that our deepest appreciation is sent to you along with our prayers that God will bless you as you continue bless us.

With, appreciation,

*Susan Collin
Director of Recreation Services
647-7828 X 4327*

RSVP by April 7, 2007

mass of healing & hope - today

There will be a Mass of Healing & Hope at St. Mary Church 1600 Main St., Coventry, on Sunday March 18th at 2pm. Fr. Ray Introigne will be the main celebrant and Mrs. Judith Hughes will lead the healing prayer. Individual prayer teams will be available after the service for each individual.

For more information, please call the Spiritual Renewal Center at 887-0702.

life line screening

TRINITY LUTHERAN CHURCH will be hosting Life Line Screening on **MAY 3, 2007**. Life Line Screening will offer four screenings using Doppler Color Flow Ultrasound:

- 1 - **Carotid Artery Screening** – looks for plaque buildup in the arteries, which can lead to stroke. (Up to 75% of all strokes are linked to carotid artery blockage);
- 2 - **Abdominal Aortic Aneurysm (AAA) test** – checks for an aneurysm (enlargement) in the abdominal aorta leading to a ruptured aortic artery. The majority of people who have a AAA have no symptoms and the mortality rate for a ruptured AAA is 80-94%;
- 3 - An **Ankle Brachial Index (ABI)** – screens for Peripheral Arterial Disease (PAD) in the lower extremities. Peripheral Arterial Disease is a strong indicator of heart disease.
- 4 - **Bone Density** screening tests both men and women for the early detection of osteoporosis.

You must pre-register by calling 1-800-324-1851. These screenings are completely Painless, non-invasive, and each test requires ten minutes or less to complete. The cost is \$35-\$45 each or all four for \$129.00

please give blood

St. Bernard Church, Rockville sponsors a Red Cross Bloodmobile

Date: Thursday, March 29, 2007
Time: 1:00 pm - 6:00pm
Place: St. Bernard Church Hall
St. Bernard Terrace
Rockville

Hosted by: The St. Bernard Women's Guild.

Appointments are appreciated, but walk-ins are welcome. For an appointment, please call the Red Cross at 1-800-448-3543.

it's bunny breakfast time again!

Breakfast with the Easter Bunny

- Sponsored by the St. Bernard Home & School Association -

Saturday, March 31, 2007

St. Bernard Church Hall, St. Bernard Terrace, Rockville Center

Enjoy a delicious breakfast, Coloring and Face Painting for the children, fun gift baskets, topped by a visit with the Easter Bunny, of course!

2 Sittings: 8:15am and 10:15am

Cost Adult \$5 Child \$4

For reservations, call 872-5623 for reservations.

Seating is limited - Reservations are requested.

Payment maybe made at the door.

EXPRESS CHECK IN WITH RESERVATION AND PRE-PAYMENT

